



2010 Glenmore Hunt Ball—Party of the Decade

It isn't too early to mark your calendar in RED for the 2010 Glenmore Hunt Ball. This year it is planned for Saturday, March 13th at Fairfax Hall. Our Hunt Ball is a major fundraiser that supports our sport and our hounds. Invite family, friends and co-workers to join you. Tables may be reserved if you have a larger group, just let the Social Committee know your plans.

Once more, **Angelika O'Donnell** has agreed to be the Hunt Ball Chair. This will guarantee the success of the evening. Volunteer opportunities abound, call Angelika to match your talents with what is needed.

Jenner Brunk and **Liz Kiss** will coordinate the Silent Auction. Your contributions to the auction are absolutely essential to make it successful. Last year's offerings were extensive, interesting and of high quality. Let's do it again!

Offer:

- ? Time in your weekend home or time-share;
- ? Objects of art or practicality
- ? A service, or a meal
- ? Be Creative
- ? Horse and hunt related items are always popular

Jenner and Liz will be delighted to accept all contributions. It isn't too soon to start planning or to call with your donation ideas.

Jenner Brunk, Carol Ann O'Connor and Cindy Kiser honored at Christmas Party



Condolences

Our Sympathies and our prayers are with **Jewel and Dwight Phelps**

and their family on the death of her mother, Gladie Farrow Snyder (93) on December 23rd after a long illness. Jewell set an example of



devotion and kindness to her mother and to her father, before his death, that all of us hope we would be worthy of receiving and loving enough to give.

Contributions may be made to the Alzheimers Assoc. of Central/Western Virginia, (P.O. Box 8349, Charlottesville, VA 22906 or Hospice of Piedmont (2000 Old Ivy Rd, Suite 2, Charlottesville, VA 22903.

Three outstanding Glenmore riders and members were rewarded by the Masters with their Glenmore Colors during the December 13th Christmas party.



Article and more pictures on page 4

Secretary's Corner

The meeting of the Glenmore Hunt Club will be held at the home of Terri Smith
102 SmithLeigh Circle
Baldwin Place, Staunton
The Board meets at 7:00 and the membership meets at 8:00.

Resignation

Ms. Marjorie Hays

Diane Gibbs, Hon. Secretary

Events of Special Note

Welcome New Members

I am happy to introduce our newest members of the Glenmore Hunt Club. It's been a busy couple month for the Membership Committee but please keep the proposals coming; we like staying busy!

Both **Liz Kiss** and **Wes Kite** have accepted our invitations to join Glenmore. Liz has jumped feet first into the club getting involved in social activities, attending our recent membership meeting and co-chairing the Hunt Ball Silent Auction.

Joe Manning, Membership Chair

Ms. Elizabeth Kiss (Liz)
3832 Old Greenville Road
Staunton, 24401
Tele: 540-337-9177

Mr. Wesley D. Kite (Wes)
9926 Goods Mill Road
McGaheysville, VA 22840
Tele: 540-249-5948

Glenmore News® is published by Glenmore Hunt, Inc. for distribution to members and friends of Glenmore.™

Postmaster: Send address changes to: *Glenmore News*, Glenmore Hunt, Inc., P.O. Box 396, Staunton, VA 24402-0396.

Publication Date: 25th of each month.

Contribution Deadline: 20th of the month.

Editors: Anne Avery & Jakki Avery
Email: anneavery@hughes.net or aaavery@comcast.net

Glenmore Hunt Board of Directors 2009-2010

Christopher Thompson, *President*

Col Hugh B. Sproul, III,

Vice President

Diane Gibbs, *Honorary Secretary*

Julie Bullock, *Treasurer*

G. Daniel Jones,

Master of Foxhounds

Jewell S. T. Phelps,

Master of Foxhounds

Janet Jones,

Member at large (Hunt Status)

Brenda Simmons

Member at large (Hunt Status)

Darrell Hurst

Member at large (Non-hunt Status)

Robert C. Heitler,

Member of large (Non-hunt Status)

Glenmore™ makes no representations, warranties or assurances as to the accuracy of the information in this publication.

Glenmore Hunt WebSite:
<http://www.glenmorehunt.org>

Looking Ahead—The Calendar

January 2010

30th—Beat the Winter Blues Social, Irish Alley, Staunton

March

13th—Glenmore Hunt Ball, Fairfax Hall

20th—Closing Meet with breakfast social, Joint Meet with the Rockbridge Hunt

Beat the Winter Blues

The Social Committee is planning a “Beat the Winter Blues” event on Saturday, January 30th. Please join your Glenmore Hunt friends at the Irish Alley Restaurant & Pub in Staunton at 6 PM for dinner, drinks, and story sharing.

This Dutch treat event was enjoyed by many last year. The Pub side of the Irish Alley has an equestrian theme with foxhunting prints making it an ideal gathering place for foxhunters, supporters, and foks who just like to have a party.



Save the Date
Glenmore Hunt Ball
March 13, 2010
Fairfax Hall

Saddle Fit and Chiropractic Care for Your Horse

“Beamer”, a ten-year-old Thoroughbred gelding and training level eventer, was resenting being groomed along his back and not pushing off his hind end over the jumps. Dr. Tabby Moore was called to evaluate him. After performing a physical exam, a chiropractic exam revealed pain and tense muscles in his back, especially along the loin area. Dr. Moore performed a chiropractic adjustment and evaluated the fit of Beamer’s saddle. His saddle was found to be “bridging” (only contacting over the withers and back of the saddle with no contact under the seat) and had too narrow of a gullet width especially under the seat.

Saddles are an important tool in communication between rider and horse and often, not enough emphasis is placed on good saddle fit. If the saddle is not comfortable, does not fit well, or is inappropriate for the horse’s job, horses will indicate the problem by flinching or pinning ears when being groomed along the back, refusing to stand for saddling, and hollowing out their back when being mounted. Other signs that back pain may exist include holding the horse’s tail off to the side or wringing of the tail, refusing to pick up a lead, biting or rearing and/or exhibiting changes in general behavior. These horses may also start off a ride well but get more resistant later. Resistance to work is a common clinical sign and may include being slow to warm up, refusing jumps, difficulty collecting, and twisting over jumps. Horses may develop muscle atrophy over the withers and may also roll and buck less when turned out.

Saddles should protect the horse’s spine, distribute the rider’s weight over as large an area as possible, and, most importantly, allow the horse’s spine to move correctly in every gait. When a horse’s back works correctly, forward motion is effortless and supports the rider. When the horse uses his back incorrectly, he will have rough gaits, difficulty moving forward and will hollow his back out and raise his head in a tense manner. Altered motion in the horse’s back can lead to pain, poor balance, fatigue, and muscle weakness. Veterinarians trained in chiropractic care are able to assess back pain caused by inappropriate saddle fit and apply manual treatments to relieve tense muscles that may restrict vertebral motion.

“Beamer” did return to his previous level of competition and work but his saddle could not be adjusted to fit. His owner had to use a different saddle entirely. Dr. Moore performed chiropractic adjustments on him three more times at two week intervals. At each visit he had improved in reduced pain reaction to manipulation and pressure on his back and loin muscles. He was also showing improved flexion in his back. Chiropractic treatments had improved mobility in the joints of his spine and appropriate saddle fit had allowed him to be comfortable and willing to work again.

Ed Note: Dr. Tabby Moore is certified by the American Veterinary Chiropractic Association and can assist in diagnosing inappropriate saddle fit and promote return to optimal performance with chiropractic evaluation and adjustment. Her contact information follows: Tabitha Moore, DVM, Secretary, Virginia Association of Equine Practitioners; Blue Ridge Equine Clinic - Valley Division; 540-460-5702/ 540-784-9247. We thank Dr. Moore for her newsletter submission!

GLENMORE GREEN PAGES

Published By
Glenmore Hunt, Inc.,
P.O. Box 396, Staunton, VA 24402-0396
www.glenmorehunt.org

For Listing Information Contact:

greenpages@glenmorehunt.org
Angelika O’Donnell 540-249-4200, 540-249-5145 (fax) or
Joe Manning 540-886-6359

Glenmore Hunt Welcomes

Virginia Frame Builders and Supply

Providing top quality building supplies and professional post frame and conventional construction in the Shenandoah Valley since 1975.

191 Expo Road
Fishersville, VA 22939
540-337-4369

www.vaframe.com

Check back for new advertisers and highlights!

Christmas Celebration “Colorful”

The Glenmore Masters awarded “colors” to three members during the Glenmore Hunt Christmas Party, which was fabulously hosted by Cindy Kiser. Before the meal, the Masters gathered all guests together for the ceremony. Colors are not awarded lightly. Members earning colors have demonstrated both willingness and the ability to be helpful in the hunting field, and typically, one is a member for several years before being considered.

Carol Ann O’Connor, Cindy Kiser, and Julie Bullock all earned their colors and should soon be sporting the blue cloth on their colars out in the hunt field. **MFH Dan Jones** and **MFH Jewell Phelps** took great pleasure in sharing stories about each individual (usually stories that demonstrated the individual’s good humor and commitment to our fine sport) before announcing their names. Congratulations!

Personally, I was amazed that both Cindy Kiser and **Jenner Brunk** were out hunting the morning of the Christmas Party! Cindy was expecting us all in her home that evening, and Jenner was coordinating a dinner for more than 70 hungry guests. Both seemed to excel effortlessly in her role and the club was treated to an amazing feast with wonderful ambience. Thank you to everyone who helped to cook, clean, and coordinate a grand party. ~ *Jakki*



Last Hunt Before the Big Snow

Friday, December 18th the day before the “big snow” in the valley, three Glenmore members decided to take a trip over the mountain to hunt with Oakridge Hunt. **Sandy Cryder, Julie Bullock** and **Pam Conn** decided it might be our last chance to hunt for a few weeks if the amount of predicted snow became a reality.

Sandy hilltopped her new horse, Toby, and Julie hunted her new mare, Elizabeth. Pam was on her usual mount, Brumby.

The weather was cold and slightly breezy. Oakridge hounds hunted from the kennels and worked hard to come up with good scent (which was rather variable). In the end, it appeared that “Mr. Reynard” decided to stay indoors for the day except for short forays out into the woods to catch a mouse or two.

Toby (who enjoys a good “Jig” much to Sandy’s dismay) was happy since the hilltoppers spent a good deal of time trotting the wooded trails around “Teatime Farm”. Julie was extremely pleased with “Elizabeth”— big Percheron/TB cross.

As usual, the Oakridge folks put out a great tailgate and offered their warm hospitality in spite of the frigid weather.

Sandy Cryder

A Grateful Thank You

With hunting on hold due to the record snow, seven hardy souls and the kennelman heeded the call in the notice canceling hunting to join the hounds for a Snow Party. Actually it was a snow removal party so the hounds could reclaim the runs, lighten the snow loads on the leanto roofs over the kennels, and cut water drainage for the kennels and the house.

In attendance were: Pam Conn, Julie Bullock, Chris Thompson, Joe Manning, Berk Pemberton, Jan Jones, Dan Jones, and Mike Hidecker. **Dwight Phelps** and his snow blower made short work clearing drainage paths around the house.

Thanks to all for your help in this effort. Also special thanks to the Showalters for clearing the driveway
Dan

Glenmore Foundation Elects Officers

The Glenmore Foundation elected directors and officers for the 2010 year. New officers for the year include **Hugh Sproul**, who will serve as President, and Frank Hall, who will serve as Vice President. Returning officers include **Jakki Avery** (Secretary) and **Graham Pitsenberger** (Treasurer). **Angelika O’Donnell, Hugh Brown, Ed Moran, Roger Ashley**, and Nickee Randolph round out the team of Directors for the upcoming year.

The Foundation is working to develop an educational brochure to educate the public about its objectives. The goal is to have this publication available next year.

Hosting Opportunities

Thanks to **Terri Smith** for hosting the January Glenmore Directors and member meeting! Great way to start the new decade!

We are now scheduling for 2010 and in need of hosts for March, Sept, Oct and Nov. If you’re able and interested in hosting a meeting at your home, please contact me.

Thank you,
Angelika W. O’Donnell
Publications & Publicity Chair
540-249-5145

Foolish Idea of the Month:

“*Time to Eat the Dog*” is a new book by Robert and Brenda Vale. The Vales have calculated that a medium-sized dog has twice the environmental impact of a large four-wheel drive vehicle, when all factors are considered. Your editors amused themselves with these absurd findings and suggestions from the following website www.digitaljournal.com/article/280866. Enjoy!

Masters' Corner

Foxhunting Trivia

(Source - MFHA Guidebook)

1. Foxhunting, mounted, has been a part of American life since the Colonial days.
2. Foxhunting followed the development of the United States from east to west.
3. Hounds were first brought from Europe to America, especially Ireland, England, and France.
4. The earliest recorded importation of hounds was recorded to be June 30, 1650.
5. Early planters imported red foxes from England in 1730. Two years before the birth of George Washington.
6. Fox hunting was a favorite sport of Lord Fairfax, George Washington, Thomas Jefferson, and Patrick Henry.
7. Foxhunting was formally organized after the Civil War.
8. The Masters' of Foxhounds Association was formed in 1907.
9. The MFHA celebrated its Centennial in 2007.
10. Organized hunts are either REGISTERED or RECOGNIZED. This is done by the board of directors of the MFHA. Registration is the first step that those interested in forming and operating a recognized hunt must take. After fulfilling all requirements a hunt may apply for Recognition. Recognized Hunts must adhere to all regulations of the MFHA. Glenmore is a Recognized Hunt.

Jewell

The Newsletter Photos (in fact everything) look so much better on the Internet!

Try It: <http://www.glenmorehunt.org>

GLENMORE HUNT, INC.

P. O. Box 396

Staunton, VA 24402-0396

*In
This
Issue*

Christmas Party Photos + Hunt Ball Info + Guest Columnist Dr. Tabby Moore
